**HEALTH – DISCOVER OF PASSION & IDENTITY**

For each of the following episodes, you must write a minimum of ONE paragraph (5-8 sentences) addressing the topics brought up in the episode. Contemplate what significance life, experience, passion, and growing into who they are has affected their life. After each episode, please submit your work to Ms. Chan.

**Grant Achatz:**

In Chef Achatz’ episode, he talks about expression of self in an artistic way and owning a creation, as well as sharing ideas. What does this say about him as a leader? Would you say he’s a good or bad one? Why? Why is it important that Chef Achatz confirms with the chef that works with him that it’s ok that his idea now belongs to Achatz?

**Dominique Crenn:**

 Chef Crenn discusses the power of memory, childhood, and being able to be who you are. She was adopted when she was young but she still loves the parents who raised her. How does memory and childhood affect your life today? Do you struggle with others being able to see you as you are? Do people misunderstand you? Why is identity important and how are you able to express your own in your life?

**Kwan Jeong:**

 Monk Jeong Kwan realized that she was deeply unhappy with her current life so she chose the path of monkhood. Her journey as an individual is humbling and painful, particularly about the part where she sees her family one last time. Why might someone look up to her as a leader after hearing her story? What about her episode spoke to you? Why?